

Question 5: “Are you doing the best you can? Or have you done the best you could?” Checklist

In reviewing the steps that you have taken so far, are / were you keeping the senior’s best interests as the main priority? _____

As you move(d) thru the process, are there any factors that need to be revisited? _____

Are all the appropriate decision makers contributing to the process? Yes No

If not, can you positively address and change the situation? Yes No

If yes, how? _____

In the face of any disagreements, have you tried to “assume positive intent” by everyone involved? _____

If there are / were conflicts, can you Forgive, Accept, and Release? Yes No

If not, what can you do to find someone to achieve peace of mind and look to the future? _____

Bottom Line: You can’t change the past, you can’t predict the future!

Remember, aim for NO REGRETS!

Take care of your loved ones and take care of yourself!